

# Bobbins-work Birds

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Sponsored by Bernina



## Materials

For 1 mini-quilt

- Bird template, *provided*
- Template plastic or cardboard
- Woven fusible interfacing, 6" x 6"
- Background fabric, 6" x 6"
- Bird fabric, 5" x 5"
- Thick, specialty thread, such as #8 perle cotton
- Backing fabric, 6" x 6"
- Low-loft batting, 6" x 6"
- Binding, 1½" x 30" strip

## INSTRUCTIONS

**Note:** Use a 5.0mm stitch length for machine basting and a 2.5mm stitch length for bobbin-work stitching.

1. Trace the bird template onto template plastic or cardboard and cut it out.
2. Following the manufacturer's directions, fuse the interfacing to the back of the background fabric.
3. Trace the bird template onto the reverse side of the bird fabric. Cut out the bird.
4. With right sides facing up, pin the bird to the center of the background fabric. Using regular sewing thread, machine baste the bird in place ¼" from the raw edge.
5. Wind a bobbin with the specialty thread.

**Note:** Some thick threads require winding by hand.

6. Place the basted panel right side down so you see the reverse side of the background square and the basting stitches only—the appliqué

is underneath. (This way your bobbin threads will show on the project top.)

7. To do the bobbin-work, start by lowering the needle and pulling up the bobbin thread. Leave a long thread and do not back tack. Sew ⅛" outside of the basting stitches around the entire appliqué. End your last stitch just where the stitching joins. Do not back tack. Remove the appliqué from the sewing machine and leave the long ending threads.
8. Pull the threads from the front to the back, using a hand sewing needle if necessary. Knot the threads. Trim the loose threads close to the knot.
9. Remove the basting stitches.
10. Square up the appliquéd piece.
11. Layer the backing, batting, and appliquéd piece together. Baste, quilt, and bind as desired. ■

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