

# Paradigm Shift Web Bonus: PILLOWS

Designed by JANELLE CEDUSKY

Machine Quilted by SHELLEY NEALON of Quilted Bliss

## Planning

Janelle made these fun pillows with black and white prints plus a zesty lime accent. You'll love her quick and clever take on the traditional Log Cabin.

SKILL LEVEL **BEGINNER**

## LARGE PILLOWS

Finished Pillow Size 17¼" x 17¼"

### Number of Blocks and Finished Size

8 Mock Log Cabin Blocks 8⅝" x 8⅝"

### Fabric Requirements (for 2 pillows)

Assorted white/black prints (blocks) ½-⅝ yd. **total**  
Lime solid (block centers) ⅛ yd.  
Assorted black/white prints (blocks) ½-⅝ yd. **total**  
Muslin **and** batting Two 20" x 20" pieces **each**

Black floral (pillow backs) 2 fat quarters\*

2 pillow forms, 18" x 18"

\*A fat quarter is an 18" x 20-22" cut of fabric.

## Cutting Instructions (for 2 pillows)

Assorted white/black prints—  
**cut 4 matching sets of:**

\*2 strips 3½" x 9½"

2 squares 3½" x 3½"

Lime solid

8 squares 3½" x 3½"

Assorted black/white prints—  
**cut 4 matching sets of:**

\*2 strips 3½" x 9½"

2 squares 3½" x 3½"

Black floral

2 squares 17¾" x 17¾"

\*Cut first.

## Piecing the Blocks

**1** Referring to **Diagram I-A**, sew matching white/black print 3½" squares to opposite sides of lime square. Stitch matching 9½" strips to top and bottom to make pieced square. Make 4 total. In same manner, make 4 total pieced squares using

matching sets of black/white print patches and lime squares (**Diagram I-B**).

**2** Draw diagonal line on wrong side of white pieced square. Referring to **Diagram II**, place marked square on black pieced square, right sides together and with long seams of the 2 pieced squares in opposite directions. Sew ¼" seam on each side of marked line; cut apart on marked line. Press open to make Mock Log Cabin Blocks. Make 8 total.

## Pillow Top Assembly

**3** Referring to the **Large Pillow Assembly Diagram** and orienting blocks as shown, join 4 blocks to make pillow top. Make 2.

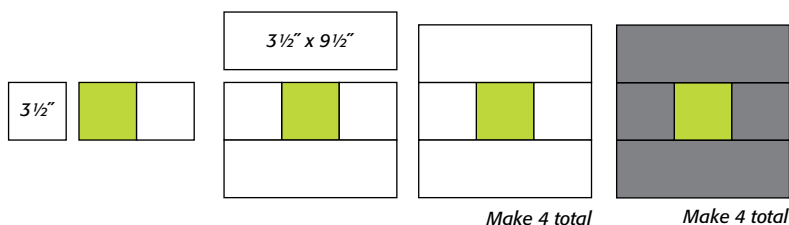
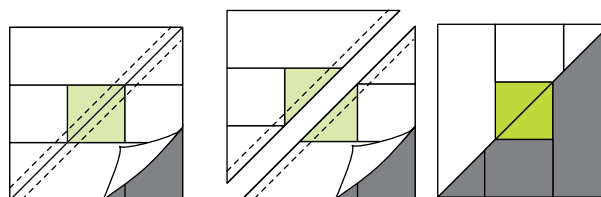


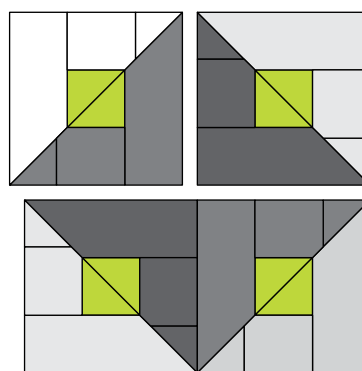
Diagram I-A

Diagram I-B



Make 8 total

Diagram II



Make 2

Large Pillow Assembly Diagram

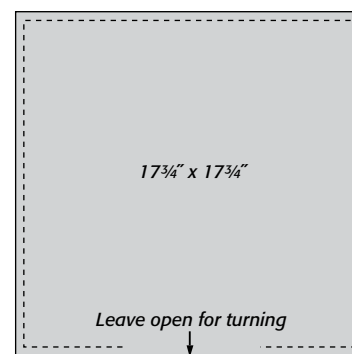


Diagram III

## Quilting and Finishing

**4** Layer muslin, batting, and pillow top. Baste and quilt. Shelley used lime-colored thread to machine quilt a continuous pattern of random-length horizontal and vertical straight lines. Trim muslin and batting even with edges of quilted top.

**5** Center black floral 17¾" square on quilted top, right sides together (**Diagram III**). Sew around edges using ¼" seam, and leaving an opening for turning. Trim corners, turn right side out, and press. Insert pillow form. Hand stitch opening closed. Repeat Steps 4 and 5 to make 2nd pillow.

## SMALL PILLOW

Finished Pillow Size 15" x 15"

### Number of Blocks and Finished Size

1 Framed Square Block 15" x 15"

### Fabric Requirements

White/black print (block)	9" x 15" piece
Lime solid (block center)	5" x 5" piece
Black/white print (block)	9" x 15" piece
Black floral (pillow back)	1 fat quarter*
Muslin and batting	18" x 18" piece each

Pillow form, 16" x 16"

\*A fat quarter is an 18" x 20-22" cut of fabric.

## Cutting Instructions

White/black print

\*2 strips 3½" x 9½"

2 squares 3½" x 3½"

Lime solid

1 square 3½" x 3½"

Black/white print

\*2 strips 3½" x 9½"

2 squares 3½" x 3½"

Black floral

1 square 15½" x 15½"

\*Cut first.

## Piecing the Pillow Top

6 Referring to **Diagram IV**, sew white/black print 3½" squares to opposite sides of lime square. Stitch white/black 9½" strips to top and bottom. Sew black/white 9½" strips to sides; add black/white 15½" strips to top/bottom to make pieced square.

## Quilting and Finishing

7 Layer muslin, batting, and pieced square. Baste, and quilt pillow top. Shelley used lime-colored thread to machine quilt a continuous pattern of random-length horizontal and vertical straight lines. Trim muslin and batting even with edges of quilted top.

8 Layer black floral 15½" square and quilted top, right sides together (**Diagram V**). Sew around edges using ¼" seam, and leaving an opening for turning. Trim corners, turn right side out, and press. Insert pillow form. Hand stitch opening closed.

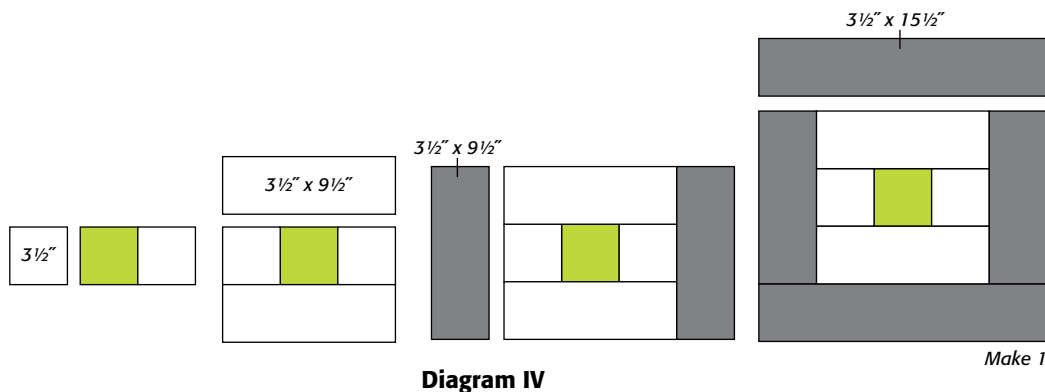


Diagram IV

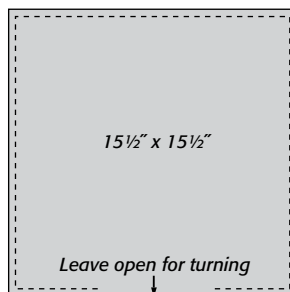


Diagram V