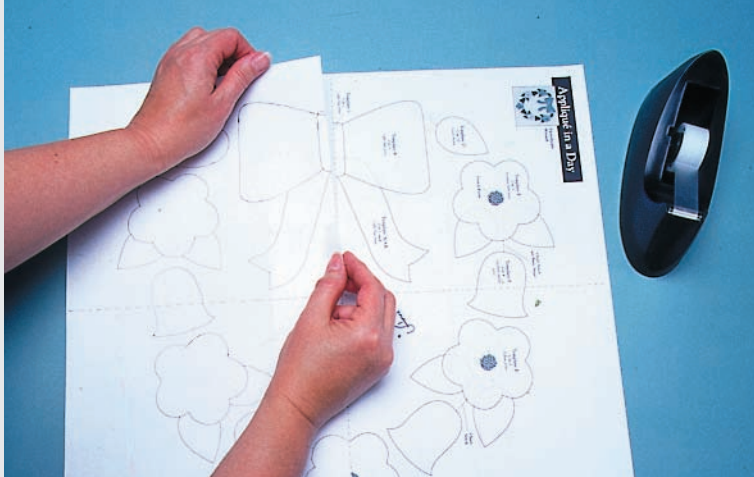
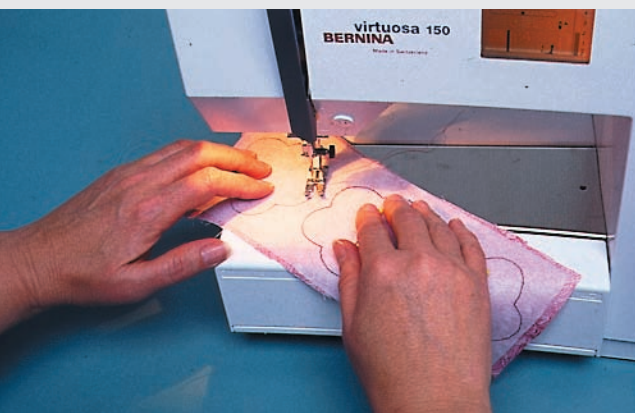


# Appliqué in a Day

## BASIC STEPS



**Step 1.** Placement guides for blocks, located in Pattern Section (page 27), give templates and arrangement of pieces. Take Pattern Section to copy machine and photocopy pages, taping together as needed to make complete placement guides. If block design is symmetrical, make 2 copies. Hold 1 up to window and trace design onto back side; tape 2 copies together. To avoid photocopying, transfer pattern by hand onto large piece of tracing (or any see-thru) paper.



**Step 3.** Using an open toe sewing machine foot, and a short stitch length, sew on interfacing drawn lines.



**Step 4.** Trim each piece to scant  $\frac{1}{4}$ " beyond sewn line. Trim corners and clip points.



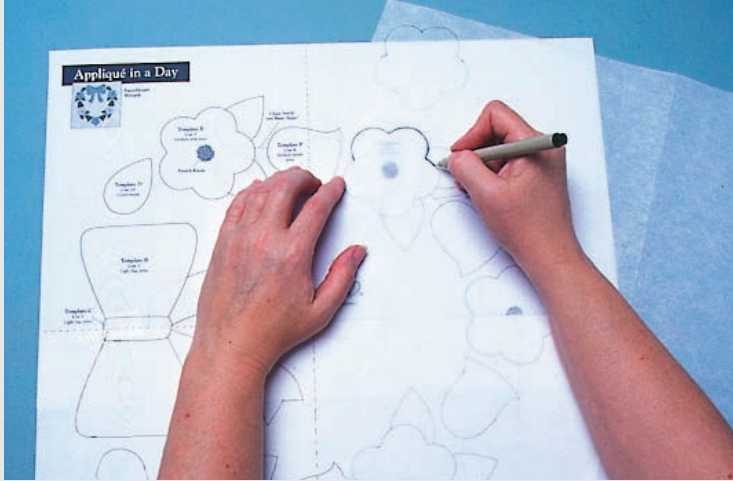
**Step 5.** Turn each piece to right side. If pattern piece has no open end, pull fusible interfacing away from fabric and make small slit through interfacing only. Carefully turn right side out, gently pushing out curves from inside. Finger-press fabric seam edges. **Do not press with iron.**



**Step 7.** Center placement guide on ironing board with background square on top; align folds with cross marks. Position prepared template fabrics in alphabetical order on background square following outlines on placement guide. **Slide placement sheet out from under background square.**



**Step 8.** Place pressing cloth over block, and steam press template fabrics to background square. Turn background square over and press from wrong side. **Hint:** Misting with water will help fuse pieces, plus a sheet of aluminum foil placed under background square helps trap heat and makes bonding easier.



**Step 2.** Trace templates from placement guide, using fine line permanent pen, onto **smooth side** of fusible interfacing (rough side is the fusible side), leaving  $\frac{1}{2}$ " between pieces. **Hint:** As you trace, group together templates to be cut from same fabric. Cut interfacing sections of pattern pieces apart. Place sections of interfacing pattern on corresponding fabric with **fusible side against the right side of the fabric**. The smooth side (with traced pattern) of interfacing is on top. Pin (in center of each pattern piece). **Do not press with iron.**



**Chain Stitch**

**Step 6.** Finger-press 17" background square in half on both length and width. Position on placement guide, aligning folds with cross marks. Using a soft lead pencil, lightly trace stems, extending lines  $\frac{1}{4}$ " beyond template outlines. Using green perle cotton and chain stitch (see diagram above), hand stitch stems.



**Blind Hem Stitch**



**Zigzag Stitch**

**Step 9.** Place stabilizer paper under background square in area of fused appliqué pieces to be stitched. Using monofilament thread in needle (regular thread in bobbin), machine appliqué (with blind hem or zigzag stitch) fused fabric pieces in place on background square. When block is completely appliquéd, remove paper and **trim** background square to 16" x 16".