

## FINISHED SIZE:

79" × 102"

# FRIENDSHIP RINGS

Liz Porter created this cheerful quilt using vintage prints and rickrack to frame the top. Our instructions for cutting 60-degree pyramids and making bias strips for the appliqué stems help bring it together smoothly.

quilt by **LIZ PORTER** quilted by **KELLY ASHTON**

## MATERIALS

- ▶ 8 yards white solid
- ▶ 7 yards total assorted 1930s prints and solids
- ▶ ¾ yard green print
- ▶ ¾ yard red solid for binding
- ▶ 8½ yards red rickrack
- ▶ Fons & Porter 60° Pyramids Ruler or template material
- ▶ ¾" bias tape maker (optional)
- ▶ ¼"-wide fusible web tape
- ▶ Paper-backed fusible web
- ▶ 7½ yards backing fabric
- ▶ 88" × 110" rectangle of quilt batting

## CUTTING

Measurements include ¼" seam allowances. Border strips are exact length needed. You may want to make them longer to allow for piecing variations. Instructions are written for using the Fons & Porter 60° Pyramids Ruler. For instructions using this ruler, see *Sew Easy: Cutting 60° Pyramids* on page 7. If not using this ruler, make template for Pyramid from pattern on page 5. Patterns for Petals are on page 5. Cut Petals from Strip Set scraps. Follow manufacturer's instructions for fusing web.

### FROM WHITE SOLID, CUT:

- 8 (6½"-wide) strips. From strips, cut 66 Pyramids.
- 37 (3½"-wide) strips. From strips cut 184 (3½" × 8") rectangles.

### FROM REMAINDER OF WHITE SOLID, CUT:

- 4 (10"-wide) **lengthwise** strips. From strips, cut 2 (10" × 83½") side borders and 2 (10" × 79½") top and bottom borders.

### FROM ASSORTED 1930s PRINTS AND SOLIDS, CUT:

- Strips of various widths from 1" to 2½".

### FROM GREEN PRINT, CUT:

- 410" of 1"-wide bias strips.

### FROM RED SOLID, CUT:

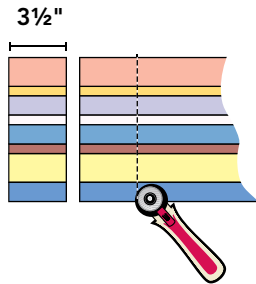
- 11 (2¼"-wide) strips for binding.





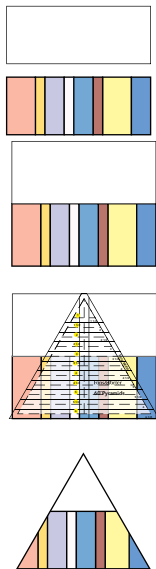
## PIECED PYRAMID ASSEMBLY

1. Join assorted strips to make a strip set at least 8" wide (*Strip Set Diagram*). Make 17 strip sets. From strip sets, cut 184 (3½"-wide) segments.



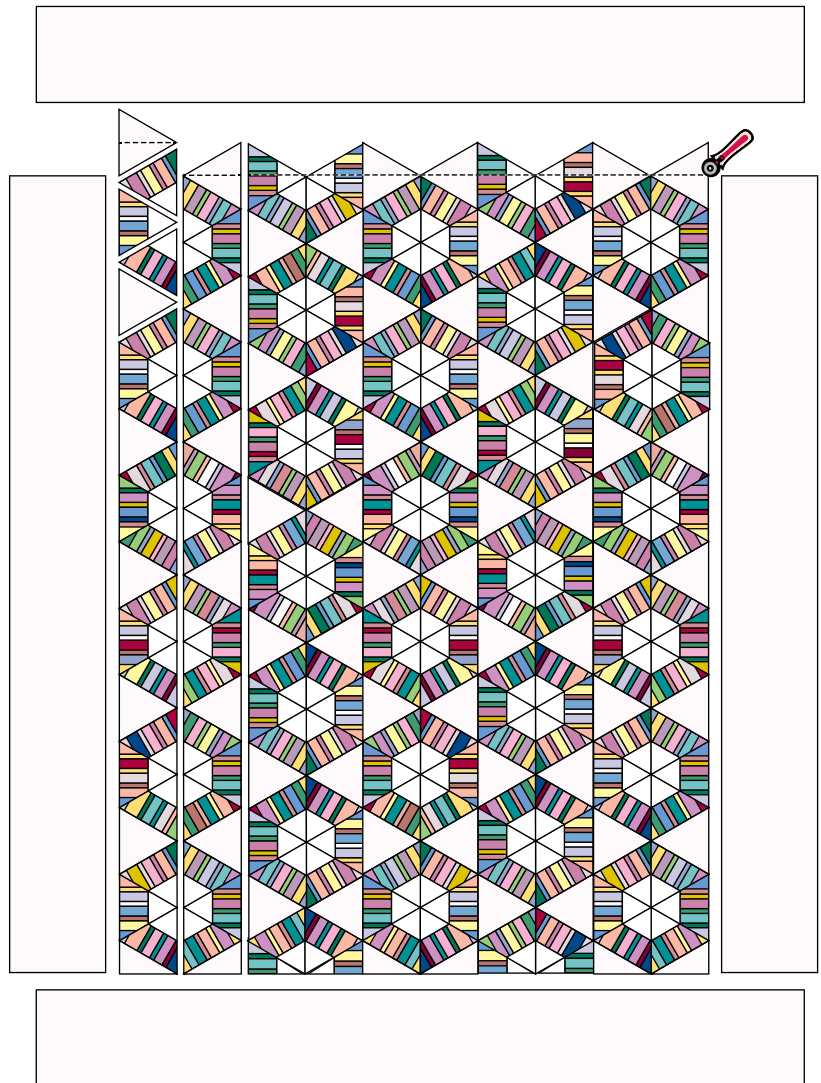
Strip Set Diagram

2. Referring to *Pyramid Diagrams*, join 1 white rectangle to each strip set segment. Press seams toward strip set segments.



Pyramid Diagrams

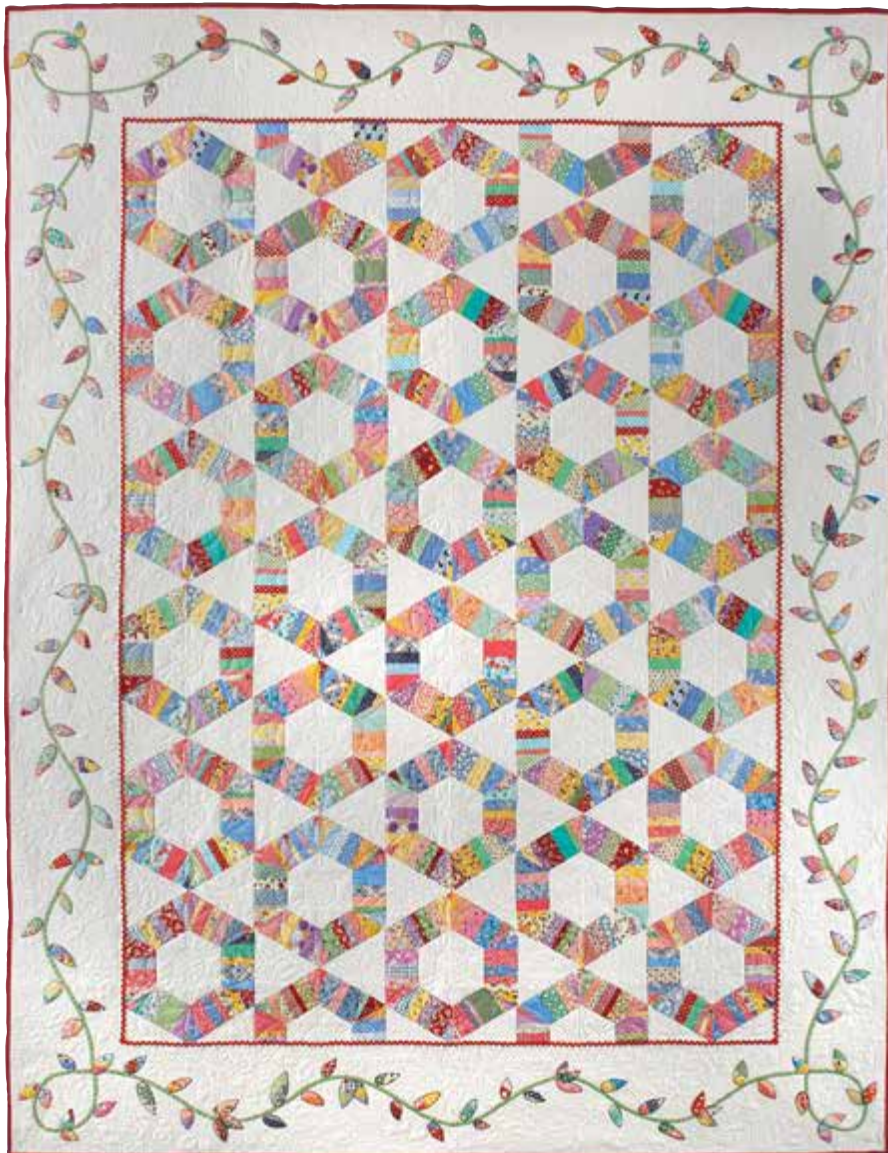
3. Referring to *Sew Easy: Cutting 60° Pyramids* on page 7, place 3¼" dashed line on ruler or template on seam line, cut 184 pieced pyramids.



Quilt Top Assembly Diagram

## QUILT ASSEMBLY

1. Referring to *Quilt Top Assembly Diagram*, lay out pieced pyramids and white pyramids into 10 vertical rows; join rows.
2. Trim pyramids at top and bottom to complete quilt center.
3. Add white side borders to quilt center. Add white top and bottom borders to quilt.
4. Prepare ½"-wide finished green print bias strips. Refer to *Sew Easy: Bias Strips for Appliqué* on page 6.
5. Referring to photo on page 4, arrange prepared vine on border. Machine appliqué vine using matching thread.
6. Apply fusible web to wrong side of Strip Set scraps, and cut 175 assorted Petals.
7. Referring to photo on page 4, arrange petals on border edges; fuse in place. Machine appliqué petals using black thread and blanket stitch.
8. Sew red rickrack on seam between quilt center and borders to complete quilt top.



## FINISHING

1. Divide backing into 3 (2½-yard) lengths. Join panels lengthwise. Seams will run horizontally.
2. Layer backing, batting, and quilt top; baste. Quilt as desired.
3. Join 2¼"-wide red strips into 1 continuous piece for double-fold binding. Add binding to quilt. ◀



### LIZ PORTER

Liz Porter is a leading light in the quilting industry. One of the namesake founders of Fons & Porter, Liz lives in Texas, publishing gorgeous quilts in the pages of *Love of Quilting*, and making guest appearances on the PBS “Love of Quilting” show.

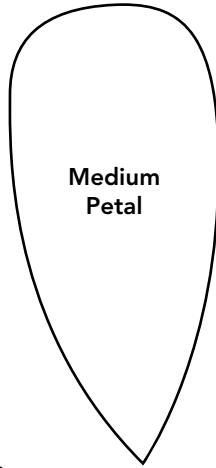


BE INSPIRED TO MIX IT UP!

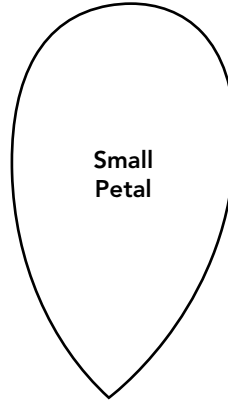
Join Kelly Bowser and her guest on QNNtv.com to see two fresh “interpretations” of Friendship Rings!



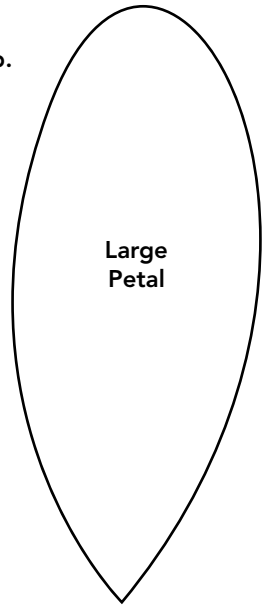
Petals are shown  
full size for use with fusible web.  
Add  $\frac{3}{16}$ " seam allowance  
for hand appliqué.



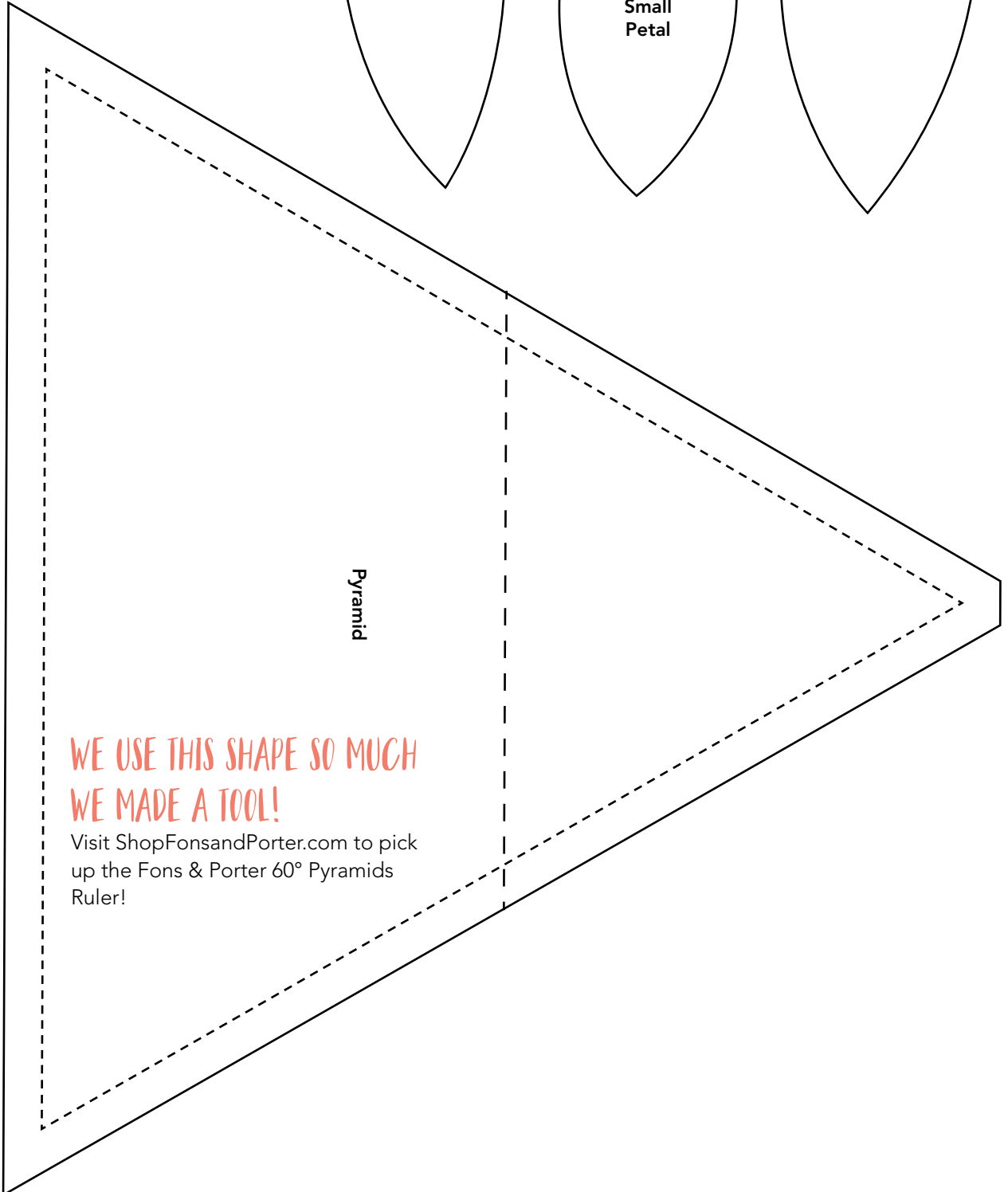
Medium  
Petal



Small  
Petal



Large  
Petal



Pyramid

**WE USE THIS SHAPE SO MUCH  
WE MADE A TOOL!**

Visit [ShopFonsandPorter.com](http://ShopFonsandPorter.com) to pick  
up the Fons & Porter 60° Pyramids  
Ruler!



## Bias Strips for Appliqué

We show you three techniques for preparing bias strips for appliqué.  
Choose your favorite for your next project.



### BIAS BARS

Bias pressing bars, made of metal or heat-resistant plastic, make the preparation of lengths of consistent-width folded bias strips easy.

1. For ½"-wide finished strips, cut 1½"-wide bias strips.
2. Fold strips in half lengthwise, with wrong sides facing, and machine-stitch ¼" from raw edges. Trim seam allowance to ⅛".

### SEW SMART™ TIP

We recommend sewing a sample piece to test the width of sewn strip. Be sure the bias bar easily fits into the strip. Adjust seam allowance if necessary.

3. Insert ½"-wide bias bar into sewn strip. Adjust strip so that seam is centered on bar. Press seam allowance to one side on wrong side of strip (*Photo A*). Turn bar over and press right side.

4. Slide bar through strip until entire strip is pressed.

### BIAS TAPE MAKER

Bias tape makers make finished bias strips in consistent widths. There is even a fusible bias tape maker.

1. Cut 1"-wide bias strips from appliqué fabric.  
**NOTE:** Using the 12mm bias tape maker will result in finished strips that are slightly wider than ¾".
2. Insert strip through tape maker. If necessary, cut the end to a point and use an awl in the center groove to thread the strip through tape maker.
3. Pin the end of folded strip to ironing board cover. Pull tape maker while ironing the folded tape until entire strip is pressed (*Photo B*).

### LIZ'S GRANDMOTHER'S METHOD

Liz's grandmother had a clever way of folding and pressing bias strips at the ironing board.

1. For ½"-wide finished strips, cut 1½"-wide bias strips from appliqué fabric.
2. Fold one end of strip in thirds, with wrong sides facing, for about 2" and press.
3. Lay folded end of strip in center of ironing board. Insert long pin through ironing board cover, bring pin across folded strip, and reinsert it into ironing board cover on opposite side (*Photo C*). Place a second pin about 2" from first pin. Check to be sure that amount of exposed pin across strip is exactly equal to width of folded strip. Pins should not be inserted in strip.
4. As you gently pull folded end of strip under pins, remaining bias strip will fold itself. As pins fold bias strip, steam-press strip between pins. Continue gently pulling strip through pins until entire strip is folded and pressed.





## Cutting 60° Pyramids

Use the Fons & Porter 60° Pyramids Ruler to make easy  
work of cutting pieces for *Friendship Rings*.



1. To cut pyramids, cut strips desired widths (for *Friendship Rings*, pieced strips should measure 6½" wide).
2. Referring to strip width numbers along lower section of Fons & Porter 60° Pyramids Ruler, find the line on the ruler that corresponds to the width of strip you cut.

3. Beginning at left end of fabric strip, place ruler atop strip so line on ruler is along bottom edge of fabric strip. Trim along left slanted edge of ruler.

### SEW SMART™ TIP

If you cut left-handed, work from the right end of the fabric strip and begin by cutting along the right edge of the ruler.

4. Cut along right slanted edge of ruler to cut one pyramid triangle (*Photo A*).
5. To cut second pyramid triangle, rotate ruler so solid line is on top edge of strip and angled side of ruler is aligned with slanted edge of strip. Cut along slanted edge of ruler (*Photo B*).
6. Continue in this manner to cut required number of pyramids (*Photo C*).

### WE'VE GOT THIS TOOL FOR YOU!

Visit [ShopFonsandPorter.com](http://ShopFonsandPorter.com) to purchase the Fons & Porter 60° Pyramids Ruler.