



ruffled apron

project by melissa thompson maher

chore chic: neat and clean gets a fashion boost

skill level: **easy**
size: one size fits all

supplies

purchased bib apron pattern
¼ yard pink, green and orange laminated cotton (58" wide) for apron trim and ties

1 yard gold, pink and white floral laminated cotton (58" wide) for apron body

1 (5" × 11") rectangle of medium-weight fusible interfacing

chalk marker or fine-line dry erase marker

small binder clips

painter's safe-release masking tape

4" (¾"-wide) sew-on hook and loop tape

2 (1⅞"-diameter) Dritz snap-in style curtain grommets
size 80/12 or 90/14 sharp needle

all-purpose cotton-polyester thread

a walking foot, a Teflon presser foot (or Teflon glide plates that adhere to the bottom of your utility presser foot) or a roller foot

cutting

from pink, green and orange laminated cotton, cut:

- 2 (1¼" × 58") strips for ruffled trim.
- 2 (2" × 32") strips for apron ties.
- 1 (3" × 38") strip for neck strap.

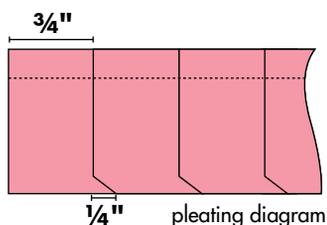
from gold, pink and white floral laminated cotton, cut:

- Apron body from the purchased pattern.

- 1 (10" × 18") rectangle for pocket.

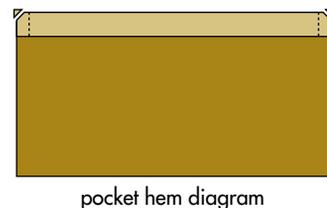
pleated trim

1. Referring to the **pleating diagram**, on the right side of 1 (1¼"-wide) pink, green and orange strip, make ¼" pleats spaced ¾" apart. Sew ¼" from 1 edge with a 3mm-long stitch length (use this stitch length throughout these instructions). Repeat to pleat the other 1¼"-wide strip.
2. Set these aside to use for pocket and apron trim.



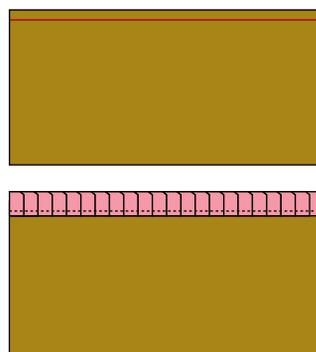
pocket

1. Referring to the **pocket hem diagram**, turn under a 1½" hem on a long edge of the 10" × 18" gold, pink and white rectangle, right sides together. Secure the short edges with binder clips. Stitch with a ½" seam allowance, backstitching at both ends. Trim corners diagonally.



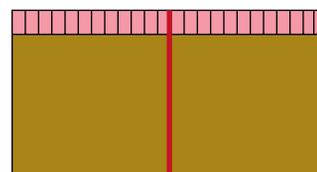
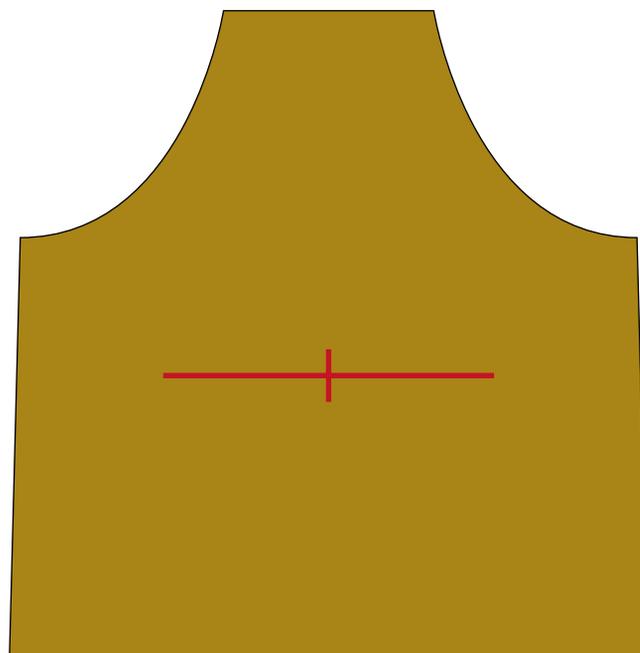
2. Turn hem right side out. Turn under sides and bottom raw edges ½", wrong sides together, and tape in place. Finger press the folds.
3. On the right side of the pocket, mark a placement line

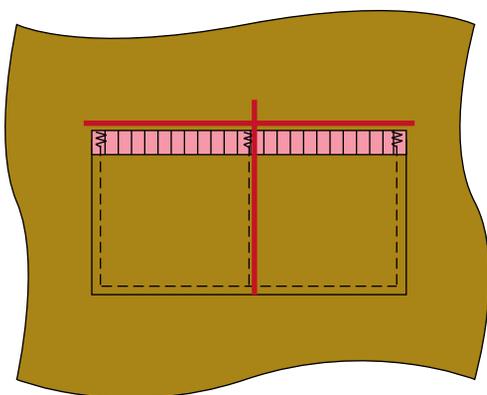
½" from the top edge (red line on the top figure **pocket trim diagrams**). With right sides up, align the ¼" seam line of the trim with the placement line of the pocket, extending short ends of the trim past the edges of the pocket. Tape trim in place. Cut each short end of the trim ½" wider



than the pocket. Turn under the short ends of the trim to the wrong side of the pocket and tape in place. Stitch trim to the pocket, sewing along the previous line of stitches (bottom figure, **pocket trim diagrams**).

4. On the right side of the apron, mark a 20"-long horizontal placement line 2" below the waistline and a 1"-long vertical centerline (top figure, **placement and centerline diagrams**). On the right side of the pocket, mark a vertical centerline (bottom figure, **placement and centerline diagrams**).





adding pocket diagram

5. Referring to **adding pocket diagram**, match pocket and apron centerlines and align the top edge of the pleats with the horizontal placement line on the apron. Straight stitch $\frac{1}{4}$ " away from the folded side and bottom edges of the pocket, starting and stopping with zigzag stitches. Beginning at the bottom of the pocket, straight stitch along the vertical centerline, backstitching at the bottom and zigzagging at the top.

apron

1. To make a waistline tie, fold a 2"-wide pink, green and orange strip in half lengthwise, wrong sides together. Turn under each long edge $\frac{1}{4}$ " and secure the 4 layers with binder clips. Sew through the layers $\frac{1}{8}$ " from the folded edges, backstitching at both ends. Knot an end of the tie. Repeat to make the other tie.

2. Turn under a $\frac{1}{4}$ " hem along a bib and a side edge of the apron, wrong sides together. Secure the hem with binder clips. At the waistline, secure a tie with a binder clip. With the apron wrong side

up, sew close to the raw edge of the hem, backstitching at both ends and sewing an "X" in the tie (**tie reinforcement diagrams**). Repeat to hem the other bib and side edge.

3. The pleated trim is sewn to the apron in a manner similar to step 3 in the **pocket** section. To begin, turn under a 1" hem along the top of the apron, wrong sides together. Secure the hem with binder clips. On the right side, mark a placement line $\frac{1}{2}$ " from the folded edge of the hem. With right sides up, align the $\frac{1}{4}$ " seam line of the trim with the placement line on the apron, extending short ends of the trim past the edges of the apron. Tape in place. Cut each short end of the trim $\frac{1}{2}$ " wider than the apron. Turn under each short end $\frac{1}{2}$ " to the wrong side of the trim and tape in place. Sew along the previous line of stitches on the trim, backstitching at both ends.

4. On the wrong side of the apron, align the long edge of the fusible interfacing with the raw edge of the hem at the top of the apron. Center the interfacing on the apron,

and if the interfacing is wider than the apron, trim away excess. With a dry, warm iron, fuse the interfacing in place, being careful to not touch the iron to the laminated cotton. Follow the manufacturer's instructions for placing the template and applying the grommets. On the apron shown, the grommet template (provided with the grommets) was placed $1\frac{1}{2}$ " from the bottom edge of the pleated trim and $1\frac{7}{8}$ " from the armhole edge.

5. Turn under a 1" hem along the bottom edge of the apron, wrong sides together. Secure with binder clips. With the apron wrong side up, sew close to the raw edge of the hem, backstitching at both ends.

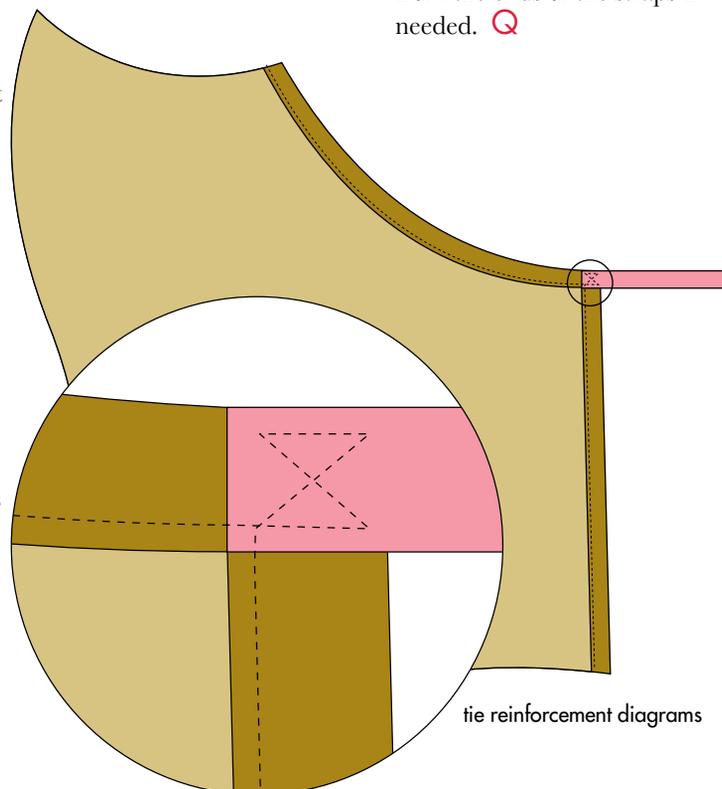
neck strap

1. Fold and stitch the long edges of the 3"-wide pink, green and orange strip in the same manner as you did the waistline ties in step 1 in the **apron** section, but do not knot the ends.

2. Cut the hook and loop tape in 2 pieces each 2" long.

3. Sew a hook part to each end of the strap. Place the strap around the back of your neck. "Thread" the ends through the grommets from the front of the apron to the back. Fold the ends of the strap to determine placement for the loop parts of the tape. Secure the loop parts with binder clips.

4. Sew the loop parts in place, trimming excess fabric from the ends of the straps if needed. **Q**



tie reinforcement diagrams