



by
**Natalia
Bonner**

*Natalia is a professional long-arm quilter and has won numerous awards for her work. She is the author of *Beginner's Guide to Free-Motion Quilting* and co-author of *Modern One-Block Quilts*, both from Stash Books, ctpub.com.*

Edge-to-Edge Free Motion Quilting

Modern Cross Hatch

Use a walking foot

For this technique, instead of rolling the quilt from both sides and starting in the center only roll one side of the quilt and start your quilting on one edge.

1. Determine the size that you would like your inside squares to be. I prefer a one inch square.
2. Stitch a straight line across the entire width of the quilt.
3. Using your walking foot as a guide, (most walking feet will come with a small bar that you can use as a distance guide) stitch a straight line parallel to the first line. Stitch in the opposite direction as your first line.
4. Repeat this process until your entire quilt is covered in 1" parallel lines.
5. Turn the quilt the opposite direction and repeat steps 1-3 quilting straight lines the opposite direction, creating the modern cross hatch.

